# A guideline strengthening of family leader's conscious mind toward prevention and solution addictive drugs in Yala Province: Case study Talak Kou Muslim Community 

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#### Abstract

The main objective of this research were : 1) To study a guideline strengthening of family leader' conscious mind toward prevention and solution additive drug 2) To study the method strengthening of family leader' conscious mind toward prevention and solution additive drug 3) To study the problem and recommendation of strengthening of family leader' conscious mind toward prevention and solution additive drug. It is a qualitative study data collecting was both primary data and secondary data . For primary data using in-depth interview key informants 15 leader families who were purposive sampling and secondary was theories, concept of conscious mind, document was relate with research and official data. All theses data were analyzed by logical context description. The research findings were that 1 ) Strengthening of family leaders' conscious mind were majority family leaders would create conscious mind by remind showing inappropriate behavior such as showing impolite with adult, family leaders preach about Islamic principle. All responders answered that the majority of family leaders were leader in family and directly main responsibility. Family leader gave them young to Islamic camp in break semester, this is significant for technical creating conscious mind in Muslim family 2) The method of strengthening conscious mind toward prevention and solution addictive drug in family. Prevention found that in term of religious principle preaching, in term of intellectual supporting, in term of psychology - Society and lastly in term of local knowledge. Solution found that reaction activities for drug addict and drug trader, the create immunity in community leader, inappropriate environmental community, and the strong family. 3) The problem and recommendation for prevention and solution addictive drug in family. It was found that the huge problem of prevention and solution was that some family leader do not be seriously taking care young of behaviors, community leader was not capable for working interaction with people in community and Imitation behavior of teenager to new teenager.


Key Word: Family Leader, Conscious mind, Muslim community. Addictive drug.

## INTRODUCTION

Thai drug policy has tended to be very conservative and centered upon a zerotolerance approach to users and distributors of illicit drugs. While new national drug policies are announced every few years, successive governments have maintained the objective of making Thailand "drug free" and have focused resources primarily on-often repressive-law enforcement and compulsory treatment that often contravene international human rights law. Thailand has been slow to implement harm reduction or more effective treatment policies, and the actions of the police, attitudes of health workers, and existence of
compulsory treatment often prevent users from accessing voluntary treatment and health and harm reduction services.

The family as grass root of institute society and have to faced with drug problem sharply and having trend more and more conflict so that dispread drug problem into community area and also family institute level which basic significance of develop teenagers. With drug trader has tried to dispread marking drug selling by several of strategies for consistent with values, needs and weak target of soft group people in community which was a group teenager. The government have to pay the budget for prevention and solution addictive drug. However theses guideline is not successful and sustainable in the overall sector and more effective problem in term of economy society and stable the entire country which is obstacle develop country prosperously

The phenomenal addictive drug in Thailand has be more and more trend growth up, if it has conditions and the factors supporting network working of drug trader and interest group this might be more problem drug growing up in society such as (The committee prevention and suppress addictive drug office: 2009)

1) Border, most of the drugs come from neighboring countries and smuggled into Thailand, where terrain is a major problem. Because the smugglers can use the route to transport drugs into the country several routes, especially in the north. The nature is wild. And the Northeast is a river with many hundreds of kilometers. It is difficult to control and arrest.
2) Area, there are 26 prouinces where the proportion of drug addicts is approximately $70 \%$ of the country and the village / community area. The database of the Office of Narcotics Control Board (NCC) obtained from various agencies. There are about 15,000 villages / communities or about $15 \%$ of the villages / communities in the country.
3) The risk factors of the society, such as the values and negative behaviors of youth, mingling and entertainment / service. This is a factor that provokes youths to risk behaviors and to drug problems.
4) The family and community are weak, resulting in the inability of the basic units of the society to prevent drugs effectively, especially the family and the village. With drug problems There are still a number of risky families, such as trafficked persons and / or family leaders. When arrested and executed This will affect family members suffering from economic and social problems. In particular, children and youth who are under management must leave school. This is destroying the future of the nation.
5) Economic and social aspects The environment, especially in 2009, was a year when the country faced many problems, such as the global economic crisis affecting Thailand. The political crisis and the reconciliation of the people. Social crisis Crime is increasing. And unemployment and poverty. These crises often result in increased risk factors for drug addiction.

From the above. It is the responsibility of family leaders to stop or relieve the drug problem, especially if family leaders raise awareness in drug prevention and treatment. Unfortunately, there are no family leaders who are lacking or have not been empowered to consciously prevent and solve drug problems. Consequently, raising awareness in drug prevention and treatment to family leaders is one of the most important issues. For this reason, the researcher is interested to study the process of empowering family leaders to prevent and solution drug problems and to achieve their objectives.

## OBJECTIVE OF THE STUDY

The research aims at learning some role of family leader, and linking them to theoretical explanations of conscious mind. The research main question is; how do the family leader create conscious mind to prevention and solution addictive drug in them family? And How do the family leader have the means to create conscious mind to prevention and solution addictive drug in them family ? To answer these questions, The researcher have to do some field research in community area. The specific of the objective study can list belows :

1 ) To study a guideline strengthening of family leader's conscious mind to prevention and solution in Muslim community

2 ) To identify method strengthening of family leader's conscious mind to prevention and solution in Muslim community

3 ) To study the problem and obstacle of strengthening family's conscious mind to prevention and solution in Muslim community

## METHODOLOGY OF THE STUDY

The research will be field research by In deep interview and observation. The data will base on secondary data and primary data as below :

## Secondary Data

1. Library research on material related to the role of family leadership, drug addict, drug trader.
2. Data compile by reporting of committee prevention and suppress division and prouince office.
3. Data also compile from Non - government organization as working in realty field, especially with drug addicts.

## Primary Data

1. Data from interviewing was family leaders who were purposive sampling who were living in community at least 10 year and ever been always participant with community activity
2. Data from interviewing community leader and religious leader.

To obtain the good results, the data from above methodology will be analyzed through the Phenomenology to observation the family leader's view and logical contest via socialization of family. With this empirical results, it could support strongly to this study. These methodology has choosing because it expected to give the data and the exact result with support the objective study.

## LITERATURE REVIEWS

The literature survey on past and on-going studies on role of family leader and phenomenal problem drug, Thai drug policy has been carried out after the government increases strong punishments for drug addicts and drug trader. The literature survey can be show are;

1) The role and duty of family

Family institute must carried out role to member as following Habit, Value, World view, perception, Personality, Attitude. All these were functions of the family to take care the members of family. There are four basic principle of family related with family leader according to ( Noewsiri Poarohit, 2011 : 235-240) 1.Economic well-being 2. Emotional support 3. Suitable family lifestyle and lastly 4. Socialization of children and other family members. If mentioned Nopamat Terawekin research, he was clearly conclusion that characteristic of family fives basic principle of family, firstly family has a common purpose such as we need to create family peacefully and and be happiness without all vices both husband, wife and children. Secondly, Specialization among members ,family will defined duty among member of family based on specialization such as wife cooking, husband driving, children make clean house and so on. Thirsty, Leadership and status, family will be defined that who is family leader and who will have role and status to drive family. Forth, cooperation, family must have working together to build more income in family such husband and wife working together while children encouraged to their parent. Lastly communication among member of family
2) The concept of Islam in preventing and soluing drug problems.

Islam is a religion that has a human relationship with the mighty Allah, it was called in Arabic "Al-ibadata" and make relationship between human and human, it was called in Arabic

Al-"Muamalate" all Muslim when become mature or legal age According to Islamic law, whether he or she is a woman or a man, it is necessary to live by worshiping The mighty Allah in accordance with Islamic law. At the same time, living in society is necessary to strengthen the relationship by living together with others peacefully without suffering for themselves and the overall society.

Islam is committed to protecting and preseruing the five Islamic ideologies as following Religion, life, intellectual, race and wealth. As these committed and Islamic ideology, Islam is so important about drugs which Islam is considered a drug that causes punishment, destroy life, wealth and intellectual, especially morality and ethics of society, anything done, self-inflicted punishment, Islam is considered sinful.( Daoh Jektu, 2011)
3) Concepts and theories related to conscious mind

Awareness or perception of an inward psychological or spiritual fact : intuitively perceived knowledge of something in one 'sinner self (Grove.(Ed.), 1976:428). Specify it by Luang wechian Petyakum 1962 ), conscious mind was difficult to describe understanding because conscious mind do not existed, but lt is something that humans and animals must always have, and it is generally accepted in psychology and social sciences that conscious mind is more importance less about behavior.
4) Thai policy of prevention and solution addictive drug

According to intensive Thai policy to prevention and solution addictive drug systematically, both in term of prevention, suppression, treatment, Rehabilitation of drug addicts included with developed punishments of law in accordance with that social change. Besides that international co-operation with frontier to prevention and solution addictive drug has carried out to defined common strategy under action planning fives fence of prevention as following below.

Fence as create strengthening, create activity, and create working process both government sector and people driven group must curried out as follow action planning such as fence of border, fence of community fence of society, fence of school and fence of family.

## THE OUTPUT OF THE STUDY

1) The living status of family member

Research findings found that majority of key informants were family leader and have determination power (husband-dominate) according to structural power in family. As for wife would be as joint determination The creation of relationship between family and children would be initiative relation as with friend and brother with sister. The main activities were always do in family such as using special time for eating together, take a travelling beach, waterfall and so on. Besides that, family leader as religious leader and community leader would be knowledgeable and understanding with guide prevention and solution addictive drug. Likewise family leader has role in society and family leader have ever been training related with addictive drug would be also knowledgeable and understanding prevention and solution addictive drug their family.
2) The strengthening process of family leader's conscious mind to prevention and solution addictive drug in family.

The research findings found that most family leaders would be created conscious mind by prohibition his children to showing inappropriately behaviors such as rude speaking in front adults. Most family leaders preached Islamic principle to their children and useful leisure. All key informants answered that the husbands were leader family and directly responsibility to take care member in family. In addition, family leaders divided class learning level for their children such as prìmary level should be content related with Islamic principle. As for technical creation conscious mind, family leader sent their children Islamic camp which emphasized moral training. with empirical method success related to create conscious mind of family leader who would suggest their children to joining Islamic camp in period of break semester. As follow diagram below

2) To identify method strengthening of family leader's conscious mind to prevention and solution addictive drug in family.

The research findings found that method strengthening of family leader to prevention addictive drug would be divided as following Islamic preaching regulation was family leader using time prayer or after praying by teaching religious doctrine one time a day. The use of intelligence was family leader would teach their children to be save money and saving. The Psycho - Social most family leader have ever been training of official government that be understanding related to psycho-social. The strong family making was found that most family leaders were more harmonize and unity in their family and last but not least, in terms of local wisdom, family leaders will send their children to religion schools at the Pondok or abroad, such as in the Arab world, as following diagram below.


Diagram 2. Described as prevention addictive drug of family leader's conscious mind The research findings found that method strengthening of family leader to solution addictive drug would be divided as following, create activity for addicts and drug trader group, family leader had suggest community leader organized activity together between family and addicts and drug trader. In term of community immunity making, family leader has offered problem to four pillar community leader always meeting together to defined special agenda of community. In term of inappropriate environment, family leader has suggested that community leader should be authority to remind addicts and drug trader showed inappropriate behaviors in front children and Public Park. As for deviant behavior, family leader would support children play sports and do activity in home area such watching TV, Plant trees and reading books. Punishment of law, family leader has suggested that should be
more punishment of law for drug trader．And finally strong family making，family leader viewed that husband and his wife have to joint dominate together to prevention and solution addictive drug．


Diagram 3．Described as solution addictive drug of family leader＇s conscious mind
3）To study the problem and recommendation of strengthening of family leader＇ conscious mind toward prevention and solution additive drug in family found that 1．）Some family leaders do not keep track of their behavior．The children are encouraged and encouraged to encourage their children to participate in inappropriate activities，like a drink， sit on the pauilion in community 2．）Elderly drug abuse behavior was publicly disclosed and as a result，the younger generation is behaving follow them．3）Religious leaders in the parish do not function perfectly and are not told during the reading of the Qubba（Friday religious practice）

Recommendation found that
1．）The four pillars of the community must work in harmony，should be defined as a community agency agenda 2．）Each family leader should cultivate his or her own children＇s conscious mind of the problem of drug use and religious and legal punishment in Thailand．3．） Religious leaders should play an active role in the religious profession in order to fully admonish their children in the community．

## DISCUSSION

First，the results of the study provided important information．Euery family leader is aware of the prevention and resolution of household drug problems．But anyway，family leaders suggested that we should rely on several organizations responsible for the community to defined urgent agenda，should not be the drug trade expanded spread their networking． The results of interviews such as family leaders，local leaders，religious leaders．Both people who have social position and no have social position．It is make interview understandable． Therefore，the purpose of this study was to investigate the process of enhancing the conscious mind of family leaders towards the prevention and solution in Muslim community．It could be described strengthening conscious mind process in accordance with The concept of role of husband or family． 4 reasons 1 ．Family well－being 2 ．Emotional support 3．Proper family lifestyle 4．Functional Create a social process（refining）of family members．（Socialization of children and other family members）Then family leaders could be explained that the process of empowering family leaders to solve one problem．It is the same as the role of the family，which the main leaders will be aware of in the process of socialization．He will be concerned his
children when they enter the big society and have to faced the threat of additive drug. The results of the study, all family leaders would be cultivate Islamic doctrines that forbid mingling with drugs. Likewise, some family leaders are very self-conscious. It is the responsibility of the family to show their family members.

Second, the study results found that all family leaders have knowledge and understanding about the drug problem. Family leaders also spread knowledge to family leaders or other relatives, because family leaders understand with impaction of addictive drug. When entering the youth body. So the purpose of the study is to follow the guidelines and how to strengthen the consciousness of family leaders. It was in accordance with the Islamic concept that is committed to protecting and preserving the five human qualities of love, religion, life, intellect, race and wealth. Thus the result of research found that all family leaders has suggested their perspective to guideline and method to be create conscious mind of family leader and member of family to be understanding and operate in accordance with Islamic regulation and committed Islamic principle. Therefore, family leader should be more strengthening conscious mind by training Islamic preaching to member of family, and if some family leader do not have knowledge related with Islamic principle, they would sent children to learn at Pondok as a learning place that be acceptable for people in community. With empirical method to build conscious mind of family leader, all key informants would took Islamic preaching to applied in daily life because of Islamic knowledge could be protested and solve problem in society.

Lastly, all key informants have offered variety of issues and accordance with research result of Aranya Pumpradit (2010) found that Islamic organization as central of community to solve problem society. Thus the role of Islamic leader was more importance to train member of family to be understanding about Islam and addictive drug. Moreover Islamic leader in community have to integrate working with several community organization, especially community leader and family.

## SUGGESTION

A guideline prevention and solution addictive drug in family should have to integrate working all part of social organization, especially family institute, government institute, education institute, sport institute, health institute, religious institute and Non-government organization. All these can be official acceptation in society

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